

	<b>MTI - HAYATABAD MEDICAL COMPLEX</b>	Doc. No.	HMC-HRD-F-02
	<b>RECORD FORMAT</b>	Version No.	00
	<b>JOB DESCRIPTION</b>	Date	02-05-2022

<b>JD No.</b>	07-ENDO
<b>Job Title</b>	Nutritionist / Senior Dietician
<b>Department</b>	Endocrinology
<b>Reporting To</b>	Chairman Endocrinology

<b>Job Overview</b>	<ul style="list-style-type: none"> <li>A senior dietitian is a healthcare professional with advanced knowledge and experience in nutrition and dietetics. They lead and manage teams of dietitians, develop and implement nutritional plans, provide expert advice to patients and staff, and contribute to the improvement of healthcare practices. They also may oversee the provision of therapeutic diets and provide guidance to other healthcare professionals.</li> </ul>
	<ul style="list-style-type: none"> <li>To prepare personalized nutrition plans.</li> <li>To evaluate the dietary needs of a patient by assessing their health and exercise levels, sleep and food habits etc.</li> <li>To clarify information to patient and explain the effects of nutrients on overall health condition.</li> <li>To offer counseling and suggest positive alterations in nutrition to address patients' dietary restrictions.</li> <li>To create full and personalized nutrition plans that promotes healthy lifestyles.</li> <li>To set clear objectives and provide support to patients to help them in their progress.</li> <li>To conduct scientific research to expand field related knowledge such as the impacts of nutrients, the benefits of diets to body's functions etc.</li> <li>To evaluate patient's nutritional needs.</li> <li>To draw up a meal plan for patient's dietary requirements.</li> <li>To evaluate plan's effectiveness and revises as necessary.</li> <li>To counsel clients on nutrition and ideal nutritional choices based on the patient's current condition.</li> <li>To consult with a team of healthcare practitioners who work together with the patient.</li> <li>To educate the public on nutrition issues.</li> <li>To keep up to date on the latest nutritional studies and findings.</li> <li>To travel to speaking engagements when working with the community.</li> <li>To attend conferences and engage in educational opportunities.</li> <li>To write up reports detailing the patient's progress.</li> </ul>
<b>Duties &amp; Responsibilities</b>	<p><b>Academic &amp; Professional Qualifications:</b></p> <ul style="list-style-type: none"> <li>M.Sc. in Human Nutritionist from recognized University of HEC.</li> </ul> <p><b>Related Experience:</b></p> <ul style="list-style-type: none"> <li>One year post qualification experience in any Govt. recognized Hospitals</li> </ul> <p><b>Skills/Competencies:</b></p> <ul style="list-style-type: none"> <li>Clinical experience in nutrition</li> <li>Decision making and communication skills</li> <li>Team work and collaboration with healthcare professionals.</li> <li>Time management and organization</li> <li>Leadership and teaching</li> <li>Research and evidence based practice</li> <li>Patient centered care</li> <li>Commitment to professional development.</li> </ul>
<b>Job Requirements / Hiring Criteria</b>	<p><b>Working Conditions:</b></p> <ul style="list-style-type: none"> <li>Good and grooming</li> <li>Must be able to cope with mental and emotional stress of the position.</li> </ul>
<b>Working Environment</b>	



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#### Physical Effort:

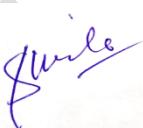
- Work in flexible work schedule
- Strength to work in hazardous conditions
- Energetic to perform and solve task

	Name	Designation	Date	Signature
Prepared by	Shumaila Gul	Senior Dietician	11-04-2025	
Reviewed by	Dr. Ashfaq Ali	PMO	11-04-2025	
Approved by	Dr. Tahir Ghaffar	Associate Professor	11-04-2025	

#### Acknowledgment:

*I have read and understood my position description. I understand that these responsibilities maybe modified to meet arising needs in the department*

Employee:

  
Shumaila Gul

Date: 11-04-2025